



**Kroll's Diner  
Bismarck Marathon  
7:30 a.m.  
Saturday, Sept. 18, 2010**

**Entry Form**

**CHOOSE AN EVENT:**

- Full Marathon       5K Walk  
 Half Marathon       5K Run  
 Marathon Relay

**FIRST NAME:** \_\_\_\_\_

**LAST NAME:** \_\_\_\_\_

**BIRTHDATE:** \_\_\_/\_\_\_/\_\_\_      **GENDER:** Male/Female

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_

**STATE / ZIP:** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

**PHONE#:** (\_\_\_\_) \_\_\_\_\_

**SHIRT SIZE:** S M L XL

I am entering this event at my own risk and assume all responsibility for injuries I may incur as a direct or indirect result of my participation. I hereby, or myself, my heirs, executors and administrators, waive the release of any and all rights and claims for damages or injuries I may have against the Kroll's Diner Bismarck Marathon and its affiliates, their agents, representatives, directors, successors, and assignees. I attest that I am in adequate health for this event and understand that I may be removed from the race if my health is endangered or I do not follow the rules of the event. I also give permission for the free use of my name and or picture in a photograph, broadcast or other account of this event.

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
**Signature: (Parent/Guardian if under 18)      Date**

**Entry Fees by mail:**

- **thru May 31, 2010**  
 5K walk/run: \$25 registration fee  
 Half/Full marathon: \$55 registration fee  
 Marathon relay: \$170 registration fee
- **June 1 - 30, 2010**  
 5K walk/run: \$25 registration fee  
 Half/Full marathon: \$60 registration fee  
 Marathon relay: \$180 registration fee
- **July 1 - Aug. 31, 2010**  
 5K walk/run: \$30 registration fee  
 Half/Full marathon: \$65 registration fee  
 Marathon relay: \$190 registration fee
- **Sept. 1 - 6, 2010**  
 5K walk/run: \$35 registration fee  
 Half/Full marathon: \$75 registration fee  
 Marathon relay: \$210 registration fee

**Make checks payable to:**

Bismarck Marathon

**Return completed Entry Form and fee to:**

Bismarck Marathon  
 PO Box 7023  
 Bismarck, ND 58507-7023

**Must be postmarked by Monday, Sept. 6, 2010.**

**Marathon Relay Registration**

**Team Captain:**      **\*\* Please complete entry form on left also.  
 \*\* All team members MUST sign this form!**

**Team Name:** \_\_\_\_\_

**Race Category:**       Male  
 Female  
 Coed  
 Masters (All runners age 40 or greater)  
 Corporate (All from same organization)

**Leg #1 - 5.2 miles**

**Name:** \_\_\_\_\_

**Gender:** M/F      **Birthdate:** \_\_\_/\_\_\_/\_\_\_      **Shirt size:** S M L XL

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_      **State:** \_\_\_\_\_      **Zip:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Leg #2 - 6.2 miles**

**Name:** \_\_\_\_\_

**Gender:** M/F      **Birthdate:** \_\_\_/\_\_\_/\_\_\_      **Shirt size:** S M L XL

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_      **State:** \_\_\_\_\_      **Zip:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Leg #3 - 6.3 miles**

**Name:** \_\_\_\_\_

**Gender:** M/F      **Birthdate:** \_\_\_/\_\_\_/\_\_\_      **Shirt size:** S M L XL

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_      **State:** \_\_\_\_\_      **Zip:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Leg #4 - 4 miles**

**Name:** \_\_\_\_\_

**Gender:** M/F      **Birthdate:** \_\_\_/\_\_\_/\_\_\_      **Shirt size:** S M L XL

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_      **State:** \_\_\_\_\_      **Zip:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Leg #5 - 4.5 miles**

**Name:** \_\_\_\_\_

**Gender:** M/F      **Birthdate:** \_\_\_/\_\_\_/\_\_\_      **Shirt size:** S M L XL

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_      **State:** \_\_\_\_\_      **Zip:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Signature:** \_\_\_\_\_